



Key Role of Leaders



HEALTHY	REACTING	ILL
<ul style="list-style-type: none">• Lead by example• Get to know your personnel• Foster a healthy climate• Identify and resolve problems early• Deal with performance issues promptly• Demonstrate genuine concern• Acknowledge, inform and respond after adverse situations• Provide realistic training opportunities	<ul style="list-style-type: none">• Watch for behavioural changes• Adjust workload as required• Know the resources and how to access them• Reduce the barriers to help-seeking• Encourage early access to care• Lead to be the resilience reserve	<ul style="list-style-type: none">• Utilise mental health resources• Demonstrate genuine concern• Respect confidentiality• Minimise rumours• Respect medical employment limitations• Appropriately employ personnel• Maintain respectful contact• Involve members in social support• Seek consultation as needed• Manage unacceptable behaviours