

Team productivity and publicity

Nexus Human Services – 30 staff

Nexus Human Services is a disability employment and NDIS provider. They offer a wide range of support services for individuals with mental health issues or other disabilities in their journey to finding employment. Support services are also available to assist people already working to maintain employment and develop career aspirations.

It has taken a few years to establish the right mix of activities to meet the interests of the Nexus Human Services workforce, but now their health and wellbeing plan is hitting the mark.

“We struggled with a concept to create healthier work activities across our interstate sites but feel we have found a balance now,” says CEO Lisa McPherson. “Staff are more productive and positive.”

The Nexus Human Services team has been prominent on Canberra’s bus network, showcasing their smiling faces in support of their approach to healthy behaviours.

“We have been lucky to win two photo competitions in a row and have our photo on the bus for a year,” says Lisa. “This has been great publicity.”

The free publicity is a bonus, but it’s how the initiatives – including multicultural lunches, juicy June, flu shots and a water drinking challenge – impact on team building and productivity.

“Having a healthier workplace has improved employee motivation and how efficient and productive they can be,” explains Lisa. “It creates a fun team culture.”

“Most of the team members look forward to what activities will be happening during the year.”

Lisa also notes that absenteeism has decreased and the overall team culture has really benefitted.

“Try it for just one year and you will see the difference within your team environment,” says Lisa.



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