

Positivity boosts health

Evoenergy – 400 staff

Evoenergy operate and maintain the networks associated with the supply of electricity to over 200,000 customers across the ACT, and 146,000 gas customers in the ACT and NSW.

When formalising their health and wellbeing plan, Evoenergy wanted to enhance their workplace's positivity.

"The bigger picture is to see an increase in staff engagement and a reduction in sick leave and safety incidents," says Glenn Pallesen, Branch Manager Customer Connections at Evoenergy. "We're seeing glimpses of this and need to remain resolute with the healthier workplace initiative to achieve sustainable improvements."

Their 12-month plan includes nutrition seminars and healthy cooking demonstrations with Nutrition Australia, as well as a gym challenge and 'summer packs' for staff, with sunscreen, water bottle, hat and fact sheets.

"The activities reinvigorated a common sense of purpose and focus," says Glenn. "The added benefits included a positive layer of collaboration, social banter and supportive 'side discussions'."

Given Evoenergy's large number of employees, the challenge is offering a range of activities that suit everyone.

"We have found that sometimes ensuring our activities meet the requirements of all worker groups can be tricky, given our field-based colleagues are out and about throughout Canberra every day," explains Glenn.

Part of the implementation is learning through trial and error, and involving staff in decisions through their health and safety committee.

As Glenn puts it: "Plan your work and work your plan. Healthy workers contribute to a positive work and safety culture. There is a direct correlation between healthy and engaged staff and a generative safety culture."



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