



ACT  
Government

healthier  
work

# HELPING PEOPLE AND BUSINESS THRIVE

CASE STUDIES 2017-18

RECOGNITION

## BRINGING PEOPLE TOGETHER

### *Xact Project Consultants – 20 staff*

*Xact provides intelligent project leadership through a range of project management and advisory services applied to the building, property and infrastructure sectors.*

The team at Xact Project Consultants has used the Healthier Work resources to provide more people-focused benefits and improve communication.

“Xact is experiencing growth in our services and staffing levels, so we wanted to implement a range of new ‘People’ focused activities and benefits,” say Jonathan and Marko from Xact. “With a very diverse workforce, we wanted to implement activities where all staff could participate.”

By assembling a small team, they prepared a 12-month health and wellbeing plan including a range of initiatives – from mini-golf to fitness classes.

“Our most successful initiative was the all staff barbecue in February,” says Marko. “We decided to organise a big barbecue for staff, their families and even pets! We had a great turnout on a beautiful summer day where we got to enjoy the outdoors near the lake while meeting all the family members and playing outdoor games.”

Other aspects of their plan – including the purpose-organised Xactivities – include participation in the Mothers’ Day Classic, stand-up and walking meetings, and reviewing the healthy food options on offer around the office.

The small organising committee has been critical to ensuring Xactivities are well attended.

“Our small People team work closely with staff on their availability and pushing the importance of this program,” explains Marko. “We have had a fantastic turnout to a few events, suggesting that our staff really want to get involved, get healthy and really promote healthy habits and the business itself.

“This program can definitely contribute to a healthier workplace and staff wellbeing. It also offers opportunities to meet, network and learn how and what others are doing in their own workplaces.”

