



ACT  
Government

healthier  
work

HELPING PEOPLE AND  
BUSINESS THRIVE

CASE STUDIES 2017-18



## PERSISTENCE PAYS OFF

### *Sportsmans Warehouse – 60 staff*

*Sportsmans Warehouse is built on a passion for providing outstanding customer service and fostering fit communities.*

Now into their fourth year of a formalised health and wellbeing plan, the team at Sportsmans Warehouse continue to embed healthy philosophies into every day.

“We have a genuine commitment to ensuring we are actively engaging our staff in a healthy workplace environment,” says Jason Heddle, Retail Operations Manager.

They use social events – such as healthy morning teas and table tennis tournaments – daily walks, and their purpose-built in-house cardio and stretching room. They also have a healthy drinks fridge stocked with Remedy Kombuchas, Spring Water, and no added sugar organic drinks – all in glass, no plastic.

All staff from full-time to casuals are encouraged to get involved, even though the pace of retail can make activities tricky to coordinate to suit everyone.

“Time is the enemy, but we persist!” says Jason.

Sportsmans Warehouse has seen a steady increase in staff engagement and interaction, and they encourage other businesses to also have a crack.

“Healthier Work will increase your engagement with staff and encourage healthy relationships as well as healthy bodies,” says Jason.

