



KEEPING IT IN THE FAMILY

Moulis Legal Pty Ltd – 17 staff

Moulis Legal Pty Ltd is a progressive, modern legal business handling commercial and international matters. They are a client-centric, service-driven organisation focused on success.

Now in their second year of a health and wellbeing approach in the workplace, Moulis Legal Pty Ltd has introduced a family focus for this year to bring the small team together.

“The benefits of a healthy workplace are great and we really wanted to focus on staff engagement and creating a strong team,” says Cate Evenden, Human Resources and Office Manager for Moulis Legal Pty Ltd.

They have done this by planning a mix of activities to help people bond – both while at work and outside of work.

“We have a family focus this year and have already held a family tennis night, and invited families to have a free flu injection at the office to try and keep everyone healthy,” says Cate.

They will also host a family-friendly Christmas party, where everyone is welcome.

In addition, they’re incorporating simple initiatives into the work day, such as weekly yoga and the creation of a wellbeing room for time-out during the day.

They have found that some activities appeal to different people, so seeking feedback regularly helps them refine their annual plan.

“Last year we did a weekly personal training session, but this year we have changed to yoga and we have a greater turnout,” explains Cate. “Feedback showed that staff didn’t want to get all hot and sweaty during business hours and yoga still allows them to exercise.”

Taking a consultative approach, keeping their plan simple, and making opportunities for meeting the families of staff is what helps Moulis Legal Pty Ltd keep their team strong and engaged.

