



ACT
Government

healthier
work

HELPING PEOPLE AND
BUSINESS THRIVE

CASE STUDIES 2016-17

GOLD

PRIDE IN THEIR WORKPLACE

Delnas Metal Roofing – 21 staff

Delnas Metal Roofing is a leading Canberra-based contractor specialising in commercial metal roofing and building façade cladding solutions.

For Delnas Metal Roofing, a sense of workplace pride has been a surprising benefit of participating in the Healthier Work initiative.

“Staff morale has always been quite positive, however staff do seem more willing and engaged,” says Nicole Leishman, Office Manager of Delnas Metal Roofing. “They are more vocal about how good they have it!”

The team’s three-year focus on health and wellbeing has been thoughtfully and consistently integrated into the team culture.

“The challenge is to keep health and wellbeing at the forefront of everyone’s minds and ensure it’s noted as core business,” says Nicole.

This attitude has resulted in activities that have been welcomed by the team because they’re relevant, inclusive and fun.

Their successes have mainly been around improved mental health including Tradie Tune-ups through OzHelp, and education, advice and reimbursements on skin checks or quit smoking options. They’ve also focused on providing healthier options at company functions and via their office recipe book.

Once these activities became the norm, the changes could be seen – and Nicole promises the plan doesn’t need to be anything elaborate for it to make a noticeable difference.

“Pride in the workplace has increased and absenteeism has decreased since commencing a formal health and wellbeing program,” says Nicole.

