



ACT
Government

healthier
work

HELPING PEOPLE AND
BUSINESS THRIVE

CASE STUDIES 2016-17

SILVER

SUPPORTING TRADIE MORALE

Arrow Facilities Management – 15 staff

Arrow Facilities Management provide simplified, timely electrical services and a single point of contact for multiple trade services to ensure high quality outcomes and excellent value for money.

Acknowledging the need to keep their tradies healthy, Arrow Facilities Management has made wellness an important consideration since their business began.

Now into their second annual health and wellbeing plan, they've introduced a strong mix of activities to get their tradies engaged and interested.

"We created a healthier workplace to encourage staff engagement and promote healthier tradesmen," says General Manager Corinne Wallis. "Tradesmen tend to have higher rates of suicide, so we thought we were well positioned to combat that."

Their plan includes Tradies Tune-ups through OzHelp; social events including handball competitions, golf days and barbecues; half price gym memberships, and healthy eating options at team meetings.

Corinne has found resources such as the Health and Wellbeing Scorecard, networking breakfasts, and the ACT Online Employee Health and Wellbeing Survey particularly useful.

"The Healthier Work team are very supportive and make it easy to put a plan together tailored to your business," says Corinne.

