



ACT
Government

healthier
work

HELPING PEOPLE AND
BUSINESS THRIVE

CASE STUDIES 2017-18



KEEPING ACTIVITIES RELEVANT, FUN AND MEANINGFUL

Canberra Labor Club Limited – 150 staff

With more than 60,000 members across four Canberra venues, Canberra Labor Club Group provides great dining and entertainment options in a relaxed and stylish club atmosphere.

A long-term champion of health and wellbeing in the workplace, the Canberra Labor Club Group continually refine their approach by asking staff what they want.

“We always seek advice from our staff as to what activities will be included in the annual health and wellbeing plan,” says Lynda Bailey, Senior Human Resource Officer. “We discuss them at meetings across the venues at all levels from senior management through to our department meetings.

“We also have suggestion boxes at our venues where staff can provide ideas or feedback to further support collaboration in our decisions on what goes into the plan.”

This collaboration ensures activities in the health and wellbeing plan are well attended, giving staff the best opportunity to thrive in a healthy work environment. As Lynda notes, this sense of strong morale is particularly important in a customer service environment.

“If our people feel valued, respected and happy, this will be displayed through their work straight to our customers,” says Lynda.

Some of the activities and initiatives in their plan include the September Challenge for inter-club competitiveness, which also raises money for Cerebral Palsy Alliance; Mental Health and Awareness Training, in conjunction with Lifeline; an annual Thredbo expedition; and attendance at the Comedy Festival – because laughter really is the best medicine!

“Our annual staff ski trip to Thredbo is very popular,” says Lynda. “Staff enjoy the fitness and thrill of the activity, but it also brings our people together in an activity outside of work.

“Our staff are our greatest asset and based on that we aim to do as much as we can to create a healthy work environment so our people can thrive.”

